

Gastrosocopy Instructions

YOUR STOMACH MUST BE COMPLETELY EMPTY. YOU CANNOT HAVE ANY SOLID FOOD AFTER MIDNIGHT. YOU MAY HAVE CLEAR LIQUIDS ONLY UNTIL 4 HOURS PRIOR TO YOUR PROCEDURE. Clear liquids include apple juice, white grape juice, water, black tea or black coffee. Coffee or tea should not include milk, milk products, cream, sugar or artificial sweeteners.

Medications

If you use iron supplements or Pepto-Bismol®, please stop taking 7 days prior to your procedure. It is safe to continue taking baby aspirin and other pain medications. If you are taking a blood thinner medication (see provided list), please call your primary care physician or coumadin clinic for instructions on when to stop these medications before your procedure.

If you are taking any injectable medications for weight loss or diabetes (see provided list), these medications need to be held 1 week before your procedure.

If you are on an oral weight loss or diabetic medication do not take these the morning of the procedure. If you are on insulin, take half your normal dose. Please confirm with your physician before scheduled procedure day. **Take all other medications prescribed with a small sip of water at least 4 hours before the procedure. If you use inhalers, please bring them with you.**

Arrange a ride home

You must have an escort take you home after the procedure. You cannot drive or take a private taxi or public transportation by yourself as you will be sedated with medications for the procedure.

****Please review the list of medications which need to be held prior to the procedure****

*****LIST OF MEDICATIONS TO HOLD*****

<u>Category</u>	<u>Medication</u>	<u>Typical timing to hold prior to scheduled procedure</u> <u>**please confirm with primary care provider**</u>
Blood Thinners	Xarelto® (rivaroxaban) Pradaxa® (dabigatran) Eliquis® (apixaban) Coumadin® (Warfarin) Lovenox® (enoxaparin) Arixtra® (fondaparinux) Savaysa® (edoxaban)	2-3 days 2-3 days 2-3 days 5 days 12 hours prior 3 days 1 day
Anti-Platelet agents	Plavix® (clopidogrel) Brillanta® (ticagrelor) Pletal® (cilostazol) Effient® (prasugrel) Aggrenox® (aspirin/dipyridole)	5 days 5 days 2 days 5 days 3 days
GLP-1 agonists	Byetta® (exanatide) Saxenda® (liraglutide) Victoza® (liraglutide) Trulicity® (dulaglutide) Ozempic® (semaglutide) Mounjaro® (tirzepatide) Wegovy® (semaglutide) Zepbound® (tirzepatide)	1 day 1 day 1 day 7 days 7 days 7 days 7 days 7 days
SGLT2 inhibitors	Brenzavvy® (bexagliflozin) Invokana® (canagliflozin) Invokamet® (canagliflozin/metformin) Farxiga® (dapagliflozin) Xigduo® (dapagliflozin/metformin) Qtern® (dapagliflozin/saxagliptin) Qternmet® (dapagliflozin/saxagliptin/metformin) Jardiance® (empagliflozin) Synjardy® (empagliflozin/metformin) Glyxambi® (empagliflozin/linagliptin) Trijardy® (empagliflozin/metformin XR) Inpefa® (sotagliflozin) Steglatr® (ertugliflozin) Seglurome® (etrugliflozin/metformin) Stegluja® (etrugliflozin/sitagliptin)	3 days 3 days 3 days 3 days 3 days 3 days 3 days 3 days 3 days 3 days 3 days 3 days 4 days 4 days 4 days
Weight loss	Phentermine	4 days

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