

CO-PAYMENT DUE THE DAY OF THE PROCEDURE.

IT IS THE PATIENTS RESPONSIBILITY TO CHECK WITH THEIR INSURANCE COMPANY FOR THE FOLLOWING REASONS: IS THE PROCEDURE A COVERED SERVICE, IS THE DOCTOR AND FACILITY IN NETWORK, AND DO I HAVE A CO-PAYMENT FOR THE PROCEDURE AT A HOSPITAL OR AT AN AMBULATORY SURGICAL CENTER. CO-PAYMENT DUE THE DAY OF THE PROCEDURE.

CoLytle

These are the instructions you must follow to ensure that your colonoscopy procedure is completed correctly and that you are given the best exam possible.

PATIENT INSTRUCTIONS FOR COLONOSCOPY

DO NOT STOP YOUR BLOOD PRESSURE OR HEART MEDICATION. YOU MAY TAKE THEM THE MORNING OF PROCEDURE WITH A SMALL SIP OF WATER.

DAY BEFORE PROCEDURE:

1. Clear liquids only for the entire day before the exam. **NO SOLID FOODS** (Examples of clear liquids: Apple juice, white grape juice, water, Jell-O but no red, chicken or beef broth, black tea or coffee. **NO MILK, MILK PRODUCTS OR CREAM IN COFFEE OR TEA.**

- **At 3:00 PM drink Half (2liters) of Colytle**
- **Over the next 2hour period drink at least (3) 8 ounce glasses of clear liquids**
- **At 9:00 PM drink the remaining 2 Liters of Colytle**
- **Over the next 2hour period drink at least (3) 8 ounce glasses of clear liquids**
- **At bedtime please take 2 Dulcolax Tablets**

DRINKING PLENTY OF CLEAR LIQUIDS IN BETWEEN EACH PREP WILL ENSURE ADEQUATE HYDRATION AND EFFECTIVE PREP.

DAY OF PROCEDURE:

1. You may continue clear liquids until 4 hours prior to procedure. Coffee or Tea should not include: milk, milk products, cream, sugar or artificial sweetener. No gum or hard candies.
2. You will receive a call the day prior to your scheduled procedure from a member of the endoscopy staff to confirm your arrival time. Schedules are sometimes changed due to cancellations and changes in your doctor's schedule. We apologize for any inconvenience this may cause.

You should not have anything by mouth 4 hours prior to your procedure.

****DUE TO SEDATION, YOU WILL NEED TO HAVE SOMEONE AVAILABLE TO DRIVE YOU HOME. PLEASE BRING A PHOTO ID, YOUR INSURANCE CARD (S) AND EYEGLASSES (IF NEED FOR READING). IF YOU ARE SCHEDULED AT COMMONWEALTH ENDOSCOPY CENTER PLEASE ALSO BRING THE GREEN PRE-ASSEMBLED HEALTH FORM.**